



# Free TEAS Practice Test

The Ultimate Free TEAS Practice Test & 2026 Strategy Guide

50 Questions + Answer Explanations

✓ Updated 2026

☐ Strategy Box for each question

🔑 Answer Key Included

1

What is the main idea of the given passage?

A A small detail

B The central point

C A supporting fact

D A definition

**STRATEGY BOX:**

Focus on what the entire passage is about, not just one part. The main idea is usually repeated or supported throughout the text.

✓ Correct Answer: B. The central point

2

Solve:  $12 \times 8 = ?$

A 84

B 96

C 108

D 88

**STRATEGY BOX:**

Break multiplication into parts:  $(10 \times 8) + (2 \times 8) = 80 + 16 = 96$ .

✓ Correct Answer: B. 96

3

Which organ pumps blood?

A Lungs

B Brain

C Heart

D Liver

**STRATEGY BOX:**

Basic anatomy questions test recall. Focus on core body system functions.

✓ Correct Answer: C. Heart

4

Choose the correct sentence:

A She don't like apples.

B She doesn't likes apples.

C She doesn't like apples.

D She not like apples.

**STRATEGY BOX:**

Subject-verb agreement is key. Singular subjects use doesn't + base verb.

✓ Correct Answer: C. She doesn't like apples.

5

What is 25% of 200?

A 25

B 50

C 75

D 100

**STRATEGY BOX:**

Convert percentage to decimal:  $0.25 \times 200 = 50$ .

✓ Correct Answer: B. 50

6

What is the purpose of the respiratory system?

A Pump blood

B Exchange gases

C Digest food

D Produce hormones

**STRATEGY BOX:**

Understand system roles, as respiratory means oxygen in and carbon dioxide out.

✓ Correct Answer: B. Exchange gases

7

What is a synonym for rapid?

A Slow

B Fast

C Weak

D Quiet

**STRATEGY BOX:**

Vocabulary questions rely on context clues. think of common usage.

✓ Correct Answer: B. Fast

8

Solve:  $\frac{3}{4} + \frac{1}{4} = ?$

A 1

B  $\frac{1}{2}$

C  $\frac{3}{8}$

D  $\frac{4}{8}$

**STRATEGY BOX:**

Same denominator, add numerators directly.

✓ Correct Answer: A. 1

9

What does DNA stand for?

A Digital Network  
Access

B Deoxyribonucleic  
Acid

C Dynamic Neural  
Activity

D None

**STRATEGY BOX:**

Memorization, heavy topic, frequently tested in TEAS science

memorization-heavy topic, frequently tested in TEAS science.

✓ Correct Answer: B. Deoxyribonucleic Acid

10

Which sentence is grammatically correct?

A Their going to school

B There going to school

C They're going to school

D They going school

**STRATEGY BOX:**

In many TEAS Exam Practice Questions, grammar errors often involve homophones. Learn the difference between their, there, and they're to avoid easy mistakes.

✓ Correct Answer: C. They're going to school

11

What is the author's tone if the passage uses humor?

A Serious

B Angry

C Playful

D Formal

**STRATEGY BOX:**

Tone reflects attitude. Look for keywords, like jokes, exaggeration, or light language signal a playful tone.

✓ Correct Answer: C. Playful

12

Solve:  $45 \div 5 = ?$

A 8

B 9

C 10

D 7

**STRATEGY BOX:**

Use factor pairs:  $5 \times 9 = 45$ .

✓ Correct Answer: B. 9

13

Which structure controls the cell?

A Membrane

B Nucleus

C Cytoplasm

D Ribosome

Solve:  $45 \div 5 = ?$

A 8

B 9

C 10

D 7

**STRATEGY BOX:**

Use factor pairs:  $5 \times 9 = 45$ .

✓ Correct Answer: B. 9

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Which structure controls the cell?

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- SOIve:  $45 \div 5 = 9$
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17

What is an antonym of expand?

- A Grow     B Increase     C Shrink     D Stretch

**STRATEGY BOX:**

Antonyms are opposites, so expand vs. shrink.

✓ Correct Answer: C. Shrink

18

Solve:  $7^2 = ?$

- A 14     B 21     C 49     D 36

**STRATEGY BOX:**

Square means multiply by itself:  $7 \times 7$ .

✓ Correct Answer: C. 49

19

What gas do plants absorb?

A Oxygen

B Nitrogen

C Carbon dioxide

D Hydrogen

**STRATEGY BOX:**

Photosynthesis uses  $\text{CO}_2$  to make glucose.

✓ Correct Answer: C. Carbon dioxide

20

Choose correct punctuation:

A Its raining

B It's raining

C Its' raining

D It raining

**STRATEGY BOX:**

In many TEAS Exam Practice Questions, contractions are tested. It's = it is, while its shows possession.

✓ Correct Answer: B. It's raining

21

What is the purpose of a conclusion paragraph?

A Introduce topic

B Summarize ideas

C Add new facts

D Ask questions

**STRATEGY BOX:**

Conclusions restate key points, so no new info.

✓ Correct Answer: B. Summarize ideas

22

Solve:  $100 - 37 = ?$

A 63

B 73

C 67

D 53

**STRATEGY BOX:**

Subtract carefully, watch borrowing.

✓ Correct Answer: A. 63

23

What system controls hormones?

A Nervous

B Digestive

C Endocrine

D Respiratory

**STRATEGY BOX:**

Endocrine = glands + hormones.

✓ Correct Answer: C. Endocrine

24

Identify the adjective: Blue sky

A Blue

B Sky

C Both

D None

**STRATEGY BOX:**

Adjectives describe nouns.

✓ Correct Answer: A. Blue

25

Convert 0.5 to a percentage:

A 5%

B 50%

C 500%

D 0.05%

**STRATEGY BOX:**

Multiply the decimal by 100.

✓ Correct Answer: B. 50%

26

What is the function of red blood cells?

A Fight infection

B Carry oxygen

C Digest food

D Clot blood

**STRATEGY BOX:**

RBCs transport oxygen through hemoglobin.

✓ Correct Answer: B. Carry oxygen

27

Synonym for assist:

A Help

B Stop

C Ignore

D Delay

**STRATEGY BOX:**

Common vocabulary mapping.

✓ Correct Answer: A. Help

28

Solve:  $9 \times 6 = ?$

A 54

B 56

C 64

D 49

**STRATEGY BOX:**

Use multiplication facts.

✓ Correct Answer: A. 54

29

What is H<sub>2</sub>O?

A Oxygen

B Hydrogen

C Water

D Salt

**STRATEGY BOX:**

Basic chemistry formula recall.

✓ Correct Answer: C. Water

30

Choose the correct sentence:

A He go to school

B He goes to school

C He going school

D He gone school

**STRATEGY BOX:**

In many TEAS Exam Practice Questions, subject-verb agreement is tested, as singular subjects take -s verbs.

✓ Correct Answer: B. He goes to school

31

What is a supporting detail?

A Main idea

B Extra info

C Title

D Opinion

**STRATEGY BOX:**

Supports the main idea with evidence.

✓ Correct Answer: B. Extra info

32

Solve:  $81 \div 9 = ?$

A 8

B 7

C 9

D 6

**STRATEGY BOX:**

Think multiplication inverse.

✓ Correct Answer: C. 9

33

Which is a cell organelle?

A Tissue

B Organ

C Nucleus

D System

**STRATEGY BOX:**

Organelle = part inside a cell.

✓ Correct Answer: C. Nucleus

34

Identify pronoun: They run fast.

A They

B Run

C Fast

D None

**STRATEGY BOX:**

Pronouns replace nouns.

✓ Correct Answer: A. They

35

What is  $\frac{1}{2}$  of 60?

A 20

B 25

C 30

D 40

**STRATEGY BOX:**

Half = divide by 2.

✓ Correct Answer: C. 30

36

What system moves the body?

A Nervous

B Muscular

C Endocrine

D Immune

**STRATEGY BOX:**

Muscles enable movement.

✓ Correct Answer: B. Muscular

37

Antonym of strong:

A Powerful

B Weak

C Firm

D Solid

**STRATEGY BOX:**

Opposite meaning selection.

✓ Correct Answer: B. Weak

38

Solve:  $15 + 27 = ?$

A 42

B 40

C 38

D 45

**STRATEGY BOX:**

Add place values.

✓ Correct Answer: A. 42

39

What is photosynthesis?

A Breathing

B Food making

C Digestion

D Movement

**STRATEGY BOX:**

Plants convert sunlight into energy.

✓ Correct Answer: B. Food making

40

Correct sentence:

A Your welcome

B You're welcome

C You welcome

D Yours welcome

**STRATEGY BOX:**

In many TEAS Exam Practice Questions, contractions vs possession are tested, you're = you are.

✓ Correct Answer: B. You're welcome

41

What is inference?

A Direct fact

B Guess based on clues

C Opinion

D Summary

**STRATEGY BOX:**

Read between the lines.

✓ Correct Answer: B. Guess based on clues

42

Solve:  $6 \times 7 = ?$

A 36

B 42

C 48

D 40

**STRATEGY BOX:**

Memorize core tables.

✓ Correct Answer: B. 42

43

What does the fraction  $\frac{1}{2}$  represent?

What does the heart do?

A Think

B Pump blood

C Digest

D Breathe

**STRATEGY BOX:**

Core function recall.

✓ Correct Answer: B. Pump blood

44

Identify adverb: Runs quickly

A Runs

B Quickly

C Both

D None

**STRATEGY BOX:**

Adverbs modify verbs.

✓ Correct Answer: B. Quickly

45

Convert  $\frac{2}{5}$  to a decimal:

A 0.2

B 0.4

C 0.5

D 0.6

**STRATEGY BOX:**

Divide  $2 \div 5$ .

✓ Correct Answer: B. 0.4

46

What system fights disease?

A Digestive

B Immune

C Nervous

D Skeletal

**STRATEGY BOX:**

Immune = defense system.

✓ Correct Answer: B. Immune

47

Synonym of big:

A Large

B Tiny

C Short

D Thin

**STRATEGY BOX:**

Common word equivalence.

✓ Correct Answer: A. Large

48

Solve:  $20 \times 3 = ?$

A 60

B 50

C 70

D 80

**STRATEGY BOX:**

Multiply tens easily.

✓ Correct Answer: A. 60

49

What is evaporation?

A Solid to gas

B Liquid to gas

C Gas to liquid

D Solid to liquid

**STRATEGY BOX:**

State change concept.

✓ Correct Answer: B. Liquid to gas

50

What is the function of platelets?

A Oxygen transport

B Clot blood

C Fight infection

D Carry nutrients

**STRATEGY BOX:**

In advanced TEAS Exam Practice Questions, linking structure to function is key. Platelets are responsible for clotting and wound repair.

✓ Correct Answer: B. Clot blood